

Day Centre Activities - July 2026

WK 1			WEDNESDAY 1	THURSDAY 2	FRIDAY 3
AM			Canada day Arts and crafts Walks in garden	Wimbledon arts and crafts Tennis game	Wimbledon arts and crafts Bikes around garden scrabble
PM			Joke day Pam Ayres and popcorn	Singalong with instruments	A-Z sport and hobbies
WK 2	MONDAY 6	TUESDAY 7	WEDNESDAY 8	THURSDAY 9	FRIDAY 10
AM	Alice in wonderland day Arts and crafts Scrabble and dominoes	World chocolate day Arts and crafts Kathy art / wordsearches	Flower of the month Word searches Ball game s	Badminton Flower Show Arts and Crafts Reminiscence	Don't step on a bee day Arts and Crafts Puzzle/scrabble
PM	Singalong Music quiz	Martha exercises Followed by Chocolates	Bingo	A-Z Flowers	Hangman
WK 3	MONDAY 13	TUESDAY 14	WEDNESDAY 15	THURSDAY 16	FRIDAY 17
AM	Tour de France Croissants for breakfast Crafts / wordsearch /darts	Exercise day Arts and crafts Word search / Reflexology	Keyring making Arts and crafts Word game	Beach day Arts and crafts Reminiscence	Beach day Arts and crafts Word Search / Scrabble
PM	Robin playing piano	Group Quiz	James fitness followed by a refreshing Orange Henry	Summer Holiday movie	Play your cards right
WK 4	MONDAY 20	TUESDAY 21	WEDNESDAY 22	THURSDAY 23	FRIDAY 24
AM	National moon day Arts and crafts Board games / Reflexology	National ice-cream day Arts and crafts Dominoes	Pizza arts and crafts Pizza baking Scrabble	National sweet day Arts and crafts Word puzzles	Kathy art session Scrabble Walks in garden
PM	Martha exercises	Alan on guitar followed by an ice-cream	Dinky ponies visit	Reminiscence and sweet tasting	Mike squeeze box
WK 5	MONDAY 27	TUESDAY 28	WEDNESDAY 29	THURSDAY 30	FRIDAY 31
AM	Make a book mark /paint a picture arts and crafts Jenny Reflexology	Bird feeders Arts and crafts Board games /word searches	National Tiger day Arts and craft Species of tigers /habitats	National cheese cake day Make cheese cakes Arts and crafts	Harry potter birthday Arts and crafts Scrabble/ dominoes
PM	Bingo	Chris on violin	Opposite game Film	James fitness Cheese cake tasting	Harry Potter movie