

Day Centre Activities - February 2026

WK 1	MONDAY 2	TUESEDAY 3	WEDNESDAY 4	THURSDAY 5	FRIDAY 6
AM	Jenny Reflexology Dinky ponies visit Knitting club	Kathy art session Dominoes Group board games	World cancer day Scrabble 6 nations Arts and crafts	6 nations arts and crafts Daily Crossword Target games	Flower of the month arts & crafts Scrabble Pamper session
PM	Word spiral game	Martha Exercises	Bingo	Hangman Winter Olympics	A-Z Flowers
WK 2	MONDAY 9	TUESDAY 10	WEDNESDAY 11	THURSDAY 12	FRIDAY 13
AM	World Chocolate Day Chocolate tasting Winter Olympics arts & crafts. Dominoes /scrabble	Winter Olympics arts and crafts Scrabble Table skittles	Winter Olympics arts and crafts Scrabble Opposites game	Valentine's arts and crafts Draughts Daily crossword	Valentine's arts and crafts Heart biscuits Scrabble
PM	Robin on piano	Chris on Violin	James fitness	Valentines mix	Valentines quiz
WK 3	MONDAY 16	TUESDAY 17	WEDNESDAY 18	THURSDAY 19	FRIDAY 20
AM	Winter Olympics arts and crafts Knitting club and Scrabble	Jenny Reflexology Winter Olympics arts and crafts Shopping list game	Ukulele arts and crafts Scrabble Boccia	Tony ukulele band	Kathy art session Scrabble Jigsaws Opposites game
PM	Scattergories	Martha Exercises	Alan on guitar	Bowls & bingo	Who wants to be a millionaire quiz DVD
WK 4	MONDAY 23	TUESDAY 24	WEDNESDAY 25	THURSDAY 26	FRIDAY 27
AM	Jenny Reflexology Bird arts and crafts Quoits game	Bird arts and crafts Magnetic darts Knitting club	Bird arts and crafts Scrabble Daily crossword	Bird arts and crafts Coordination Ele fun game Knitting club	Bird arts and crafts Scrabble Draughts
PM	Bird word Game	A-Z chocolate & Sweets	Mike on squeeze box	James fitness	Drumstick exercises & music session